

Elizabeth – waiting, but living in the moment

Ecclesiastes 3: 1-11

Luke: 1: 5-25; 36-45; 57-61

Questions:

Read the Luke passages again – what do you notice about Elizabeth and her life story?
Much of Elizabeth's life was spent waiting. Talk about times in the past or now when you have waited.

Why do you think waiting so difficult for us?

What keeps us going?

Henri Nouwen says that waiting is part of our spiritual journey. Why would God ask us to wait, what is the spiritual value of waiting?

What promises has God given us that help us to wait?

Elizabeth waited 'in the moment'. What does that mean?

Elizabeth waited 'with Mary and in community'. How can we do that?

Nouwen says that the root of the word patience comes from the Latin which means to suffer – what does this mean in relation to waiting?

Do you think there are times in our life what God is waiting for us? What does that mean?

How do we cope with the times when things waiting becomes too much?