

## The Psalmist's Prayer

*Psalm 63:1-8*

*Philippians 4:4-7*

Q1.) How have you read and utilised the psalms in your bible reading & prayer life?

Q2.) What are the main ideas that David voices in Psalm 63?

What are his current problems?

What is he looking forward to in hope?

Q3.) Pick a Psalm from these options; Ps. 23, Ps. 62, Ps. 90, Ps. 121 (You can do this as a whole group or split into pairs) (10 mins, then share/discuss)

- What are the main prayer points in the Psalm you chose?
- How could we think of reforming this prayer to a situation within life for us today?

Q4.) How can we develop a prayerful life habit of bringing EVERYTHING to the Lord in prayer?

What are some ways that we are already praying within our weeks? Prayer groups, private, intercession etc.